Self-concept and Academic Performance of Adolescent Children of Alcoholics (COAs)

Sonia Gakhar and I.J.S. Jaswal

Department of Human Development, Punjab Agricultural University, Ludhiana 141 004, Punjab, India


ABSTRACT The present research was carried to study and compare the self-concept and academic performance of adolescent children of alcoholics and non-alcoholics and also to examine gender differences as well as urban rural differences. Sixty students in the age group of 15+ to 18 years and who were children of alcoholics (30 boys, 30 girls) and same number of counterparts that is, children of non-alcoholics were taken. Sixty teachers (30 for boys, 30 for girls) of the selected adolescents rated respective student. Chi-square values revealed that self-concept and academic performance of adolescent children of alcoholics was low as compared to their counterparts. Adolescent children of alcoholics exhibited unfavourable parental attitude on factors namely father acceptance, achievement standards and family closeness. Adolescent girls and boys of alcoholics were affected by the same intensity in the event of father’s alcoholism. Finding identity the need for professional help in the lives of COAs. The study also suggests the role of non-drinking parent and teachers in building self-confidence and improving psycho-social effectiveness.